

## **SOUTHERN VERMONT SWIM LEAGUE**

### **RULES OF CONDUCT FOR COMPETITION (revised fall, 2003)**

#### **GENERAL**

All competitions held as part of the Southern Vermont Swim League schedule, as approved annually by the Board, shall be governed by the current United States Swimming (USS) Rulebook, unless otherwise specified in this Handbook.

#### **SPORTSMANSHIP**

Good sportsmanship is an integral part of SVSL swimming. All swimmers, coaches, officials and spectators shall conduct themselves in an appropriate and respectful manner at all times during SVSL competitions. Acts of unsporting or unsafe conduct will not be tolerated and may subject the responsible individual(s) to ejection from the competition area. Final decision will be made by the Meet Director or the Head Referee. This includes the use of obscene or vulgar language by coaches, athletes, institutional representatives, parents, and others.

#### **COACHING**

It is recommended that coaches at SVSL competitions must hold current certification in American Red Cross Safety Training for Coaches.

**RULES OF CONDUCT FOR COMPETITION**  
**PART I: DUAL MEETS**

**SCHEDULE**

The annual meet schedule will be determined by the Board of Directors at the January meeting. Dual meets may be rescheduled at the discretion and mutual agreement of the coaches involved.

**ELIGIBILITY**

In order for swimmers to be considered eligible to represent their respective team(s) in SVSL dual meet competitions, they must:

1. Be considered a member in good standing by the team that they will represent.
2. Have a current, signed medical release form and registration form on file with their team.
3. On or by the first Tuesday of July each team must submit via e-mail its complete Hy-Tek roster with names, ages, birthdates, etc. to the League Secretary. Each swimmer on an official roster must have a completed registration and medical release form on file, signed by a parent/guardian.
4. An eligibility committee will be assigned by the League President to review all requests to add swimmers after the official roster cut-off date. The committee's decision is final. Any swimmers approved still must make the required two (2) meet minimum to swim in the SVSL Championships.

**REPRESENTATION**

1. Swimmers may represent only one (1) SVSL team in intra-league competition on any given date.
2. Swimmers may transfer to another SVSL team and be eligible to represent them immediately and without penalty. To represent a team at the SVSL League Championship Meet, a swimmer must satisfy the eligibility requirements in order to compete as a representative of the team with which that swimmer registers for the Championship Meet.

**PROGRAM**

1. The suggested official order of events shall be as set forth in Schedule A.
2. Deletion of any event(s) may be made only by the mutual consent of both head coaches.

3. Unofficial events may be added to the program by the host team, but may only be swum after the competition of all official events. Any addition of unofficial events must be communicated to the visiting head coach prior to the scheduled start of the visiting team's warm-ups.

### **CHANGE OF PROGRAM**

At the Meet Referee's discretion, events may be combined by age, sex, and/or stroke.

### **CANCELLATION OR POSTPONEMENT**

1. Meets may be cancelled or postponed at the mutual consent of both head coaches prior to the start of the meet.
2. Should a meet or event have actually commenced, and in the judgment of the Meet Referee cannot safely be continued due to weather conditions, impending darkness, or other compelling reasons, the Meet Referee may suspend the meet until conditions warrant continuance.
3. In the event that a meet is suspended by the Meet Referee and then resumed, the meet shall continue from the point at which it was suspended.
4. In the event that a meet is suspended by the Meet Referee and not resumed, it shall be considered officially completed if the first heat of event #30 has been completed. If the first heat of event #30 is not completed, the meet shall be considered postponed, rescheduled, and restarted at event #1.
5. Any decision to cancel or postpone a meet by the Meet Referee will be final.
6. Postponed meets are to be rescheduled within one (1) week, if possible.
7. A forfeit for any reason will be counted as a loss.

### **LANE ASSIGNMENTS**

The visiting team will have the **odd** numbered lanes (1, 3, 5).

### **ENTRIES**

1. Individual - Each swimmer may participate in up to four (4) individual events and one (1) relay or up to three (3) individual events and two (2) relays.
2. Team - Each team shall be allowed three (3) heats of official entries per freestyle and backstroke event and three (3) heats of all other events except 500 freestyle which will have only two (2) heats.

3. Team must simultaneously e-mail the Hy-Tek meet files at noon on the day before the meet. No deck entries are allowed. Swimmers added to the meet after the meet has been electronically set may swim, but only as exhibition with no points scored.

## **SCORING**

Individual 5-3-1-0  
Relays 7-0

1. Scores will be tabulated from the results of all heats in each event.
2. No team shall score more than two (2) places per event. In the event that a team places first, second, and third, third place points will be awarded to the opposing team, provided that the opposing team fielded a swimmer in that event. The ribbon goes to the third place time.

## **OFFICIALS**

1. The following officials shall be provided by the HOST TEAM: one (1) Starter/Meet Referee, two (2) Stroke and Turn Judges, one (1) scorer, one and a half (1 1/2) timers PER LANE, one (1) backup timer, and two (2) ribbon writers. Other officials from other teams are welcome. A Meet Director is recommended.
2. The following officials shall be provided by the VISITING TEAM: two (2) Stroke and Turn Judges, one and a half (1 1/2) timers PER LANE, and one (1) ribbon writer.
3. It is recommended that the Meet Referee, Starters, and Stroke and Turn Judges be either currently certified by United States Swimming or have completed a SVSL Certification during the current calendar year.

The SVSL sponsors several free officials' training clinics at the start of each season (See Addendum: Policy for Stroke & Turn Judges).

## **RESULTS**

The host team shall provide a copy of the meet results to the visiting team(s) immediately following the meet.

**Southern Vermont Swim League Dual Meet Standard Events  
(Updated 2003)**

Event # - Female	Event Name	Age	Event # - Male
1	500 Free	Open	2
3	100 Medley Relay	8 & Under	4
5	100 Medley Relay	10 & Under	6
7	200 Medley Relay	12 & Under	8
9	200 Medley Relay	14 & Under	10
11	200 Medley Relay	18 & Under	12
13	100 IM	8 & Under	14
15	100 IM	9 - 10	16
17	100 IM	11 - 12	18
19	100 IM	13 - 14	20
21	200 IM	15 - 18	22
23	25 Free	8 & Under	24
25	25 Free	9 - 10	26
27	50 Free	11 - 12	28
29	50 Free	13 - 14	30
31	50 Free	15 - 18	32
33	25 Fly	8 & Under	34
35	25 Fly	9 - 10	36
37	50 Fly	11 - 12	38
39	50 Fly	13 - 14	40
41	50 Fly	15 - 18	42
43	100 Fly	12 & Under	44
45	100 Fly	13 - 14	46
47	100 Fly	15 - 18	48
49	200 Free	12 & Under	50
51	200 Free	13 - 14	52
53	200 Free	15 - 18	54
55	25 Back	8 & Under	56
57	25 Back	9 - 10	58
59	50 Back	11 - 12	60
61	50 Back	13 - 14	62
63	50 Back	15 - 18	64
65	100 Back	12 & Under	66
67	100 Back	13 - 14	68
69	100 Back	15 - 18	70
71	25 Breast	8 & Under	72
73	25 Breast	9 - 10	74
75	50 Breast	11 - 12	76
77	50 Breast	13 - 14	78
79	50 Breast	15 - 18	80
81	100 Breast	12 & Under	82
83	100 Breast	13 - 14	84
85	100 Breast	15 - 18	86
87	50 Free	8 & Under	88
89	50 Free	9 - 10	90
91	100 Free	11 - 12	92
93	100 Free	13 - 14	94
95	100 Free	15 - 18	96
97	100 Free Relay	8 & Under	98
99	100 Free Relay	10 & Under	100
101	100 Free Relay	12 & Under	102
103	100 Free Relay	14 & Under	104
105	100 Free Relay	18 & Under	106

**RULES OF CONDUCT FOR COMPETITION  
PART IIA: CHAMPIONSHIP MEET COMPETITION**

**ELIGIBILITY**

Individual: In order for swimmers to be considered eligible to represent their respective teams in the SVSL Championship Meet, they must:

1. Be considered members in good standing of the team they represent.
2. Have competed with the team with which they are entering the championships in at least two (2) SVSL dual meets during the current season.
3. Have a current, signed medical release and registration form(s) with their team.

Team: Teams must have competed in at least four (4) SVSL meets during the current season.

**PROGRAM**

The suggested official order of events shall be as set forth in Schedule B.

**CHANGE OF PROGRAM**

At the Meet Referee's discretion, events may be combined by age, sex, and/or stroke.

**CANCELLATION OR POSTPONEMENT**

1. Should the SVSL Championship Meet or any event actually have commenced, and in the judgment of the Meet Director cannot safely be continued due to weather conditions, impending darkness, or other compelling reasons, the Meet Director may suspend the SVSL Championship Meet until such time as conditions warrant continuance.
2. Any decision by the Meet Director to cancel or postpone the SVSL Championship Meet will be final.

**ENTRIES**

1. Individual: Each swimmer may participate in up to four (4) individual events and one (1) relay or up to three (3) individual events and two (2) relays for the entire SVSL Championship Meet.
2. Team - Each team shall be allowed three (3) heats of official entries per freestyle and backstroke event and three (3) heats of all other events except 500 freestyle which will have only two (2) heats.

## **AGE DIVISIONS**

1. The eligibility of a participant for the particular age group shall be determined by his/her age on the day of the meet.
2. Participants must be no older than eighteen (18) years of age on the first day of competition.
3. Individual Events: Swimmers may compete in only one (1) age division per stroke or relay event.

## **SCORING**

Individual	9-7-6-5-4-3-2-1
Relays	12-10-8

## **AWARDS**

1. Team Awards/Trophies
  - a. Team Champion (highest point total)
  - b. Team Runner-up (second highest point total)
  - c. Second Runner-up (third highest point total)
2. Individual and Relay Awards
  - a. Medals will be awarded to the top three (3) finishers in individual events and the top one (1) team in relay events.
  - b. Ribbons will be awarded to fourth (4<sup>th</sup>) through twelfth (12<sup>th</sup>) place individual events.
  - c. Ribbons will be awarded to second (2<sup>nd</sup>) through sixth (6<sup>th</sup>) place relay events.
  - d. When two (2) or more swimmers or relay teams tie for any place, duplicate awards shall be given to each of the swimmers, and, in such cases, no award shall be given for the place or places immediately following the tied positions.
  - e. Each member of an award-winning relay team shall receive an identical award.

## **OFFICIALS**

1. Officials for the Championship will be assigned by the Meet Referee.
2. The following officials shall be required and provided for each session:
  - a. one (1) Meet Referee\*
  - b. one (1) Starter\*
  - c. one (1) Chief Timer
  - d. twelve (12) Stroke and Turn Judges
  - e. four (4) Marshals -- warm-up
  - f. three (3) Timers per lane
  - g. one (1) Announcer
  - h. one (1) Meet Director

\* Indicates officials who must be USS certified.

3. In addition to the officials listed above, assistant referees may be assigned.
4. Each team must provide three (3) timers per session; in addition, each team must provide two (2) officials (stroke & turn judges or starter) per session. If these are not provided, the team will be fined \$50.00 per missing official per session.
5. All officials must be currently certified by United States Swimming or have been certified by the SVSL during the current calendar year.

### **JOB ASSIGNMENTS**

Each participating team will be assigned a team duty by the host team at least two (2) weeks prior to the meet. It is the individual team's responsibility to fulfill its assignment for the duration of the meet unless otherwise specified by the SVSL President.

### **FACILITIES**

The required standards for facilities hosting SVSL Championship Meet are as follows:

Unless otherwise noted, facilities standards in Article 103 of the US Swimming Rules and Regulations shall apply.

### **OFFICIAL PROGRAM**

An official program will be provided by the host team which will include a list of the SVSL Championship Meet events, the official entries for the meet by event, and the current records and record holders for each event.

**RULES OF CONDUCT FOR COMPETITION**  
**PART IIB: ADMINISTRATIVE CONDUCT OF SVSL CHAMPIONSHIP MEET**

**COMPUTERIZATION**

Entry lists, heat sheets, and final results shall be compiled by computer using Hytek.

**ENTRY LIST**

An entry list shall be distributed via e-mail to the head coach of each team or their representative as soon as it is available.

**PRELIMINARY SEED SHEETS**

Preliminary seed sheets for the SVSL Championship Meet shall be made available to all head coaches or their representatives at the pre-SVSL Championship Meet coaches' meeting.

**CHANGES OF ENTRY**

1. The hard copy entry forms will be the only official forms of entry.
2. No late, deck, or phone entries will be accepted.
3. No changes in entry will be allowed after the official entry deadline except for scratches.

**MEETINGS**

Two (2) meetings will be held immediately prior to the start of each session of the SVSL Championship Meet to inform participants of the administrative conduct of the meet. No rule changes may be made at these meetings.

1. A mandatory officials' meeting will be held prior to the start of competition. This meeting will be administered by the Meet Referee and will be held away from the pool area.
2. A mandatory coaches' meeting will be held on the day of competition prior to the start of the first event.

**SEEDING**

All events will be swum as timed finals.

**WARM-UP SCHEDULE**

A schedule of lanes, times, and warm-up procedures, which must be adhered to, will be distributed to all coaches and/or team representatives no less than three (3) days prior to the day of competition.

### **PROTEST JURY**

1. There shall be a Protest Jury composed of the elected coaches' representatives, the Meet Referee, and the Meet Director.
2. All protests made prior to or during the SVSL Championship Meet shall be submitted to the Meet Director.
3. Eligibility protests shall be heard by the Jury and a decision rendered, when possible, before the start of the events of the session in which the swimmer competes, but no later than the start of the following session.
4. Until the Protest Jury renders a decision in a protest of eligibility, the swimmer will be allowed to compete under protest. No announcement will be made to this effect, but the results of any race conducted under protest may not be announced, posted, nor points scored until the Protest Jury has returned a decision.
5. Equal opportunities shall be given for both the party lodging any protest and the party or parties charged to be heard by the Protest Jury.
6. The Protest Jury cannot adjudicate judgments by deck officials, which can only be considered by the Meet Referee under Section 102.13 of USS Technical Rules.
7. The decision of the Protest Jury is final.
8. Each protest costs \$10.00 to lodge, payable at time of protest.

### **FINAL RESULTS**

Coaches and team representatives registered at the SVSL Championship Meet will be e-mailed a copy of the final results. A copy shall also be e-mailed to the Secretary of the SVSL.

**SOUTHERN VERMONT LEAGUE CHAMPIONSHIP MEET STANDARD EVENTS  
(Updated 2003)**

<u>Event # - Female</u>	<u>Event</u>	<u>Event # - Male</u>
1	8 & Under Medley Relay	2
3	10 & Under Medley Relay	4
5	8 & Under 100 IM	6
7	9-10 100 IM	8
9	8 & Under 25 Freestyle	10
11	9-10 25 Freestyle	12
13	8 & Under 25 Butterfly	14
15	9-10 25 Butterfly	16
17	8 & Under 25 Backstroke	18
19	9-10 25 Backstroke	20
21	8 & Under 25 Breaststroke	22
23	9-10 25 Breaststroke	24
25	8 & Under 50 Freestyle	26
27	9-10 50 Freestyle	28
29	8 & Under 100 Freestyle Relay	30
31	10 & Under 100 Freestyle Relay	32
33	18 & Under 500 Freestyle	34
35	12 & Under 200 Medley Relay	36
37	14 & Under 200 Medley Relay	38
39	18 & Under 200 Medley Relay	40
41	11-12 100 IM	42
43	13-14 100 IM	44
45	15-18 100 IM	46
47	11-12 50 Freestyle	48
49	13-14 50 Freestyle	50
51	15-18 50 Freestyle	52
53	12 & Under 100 Backstroke	54
55	13-14 100 Backstroke	56
57	15-18 100 Backstroke	58
59	11-12 50 Butterfly	60
61	13-14 50 Butterfly	62
63	15-18 50 Butterfly	64
65	12 & Under 100 Breaststroke	66
67	13-14 100 Breaststroke	68
69	15-18 100 Breaststroke	70
71	12 & Under 200 Freestyle	72
73	13-14 200 Freestyle	74
75	15-18 200 Freestyle	76
77	11-12 50 Backstroke	78
79	13-14 50 Backstroke	80
81	15-18 50 Backstroke	82
83	12 & Under 100 Butterfly	84
85	13-14 100 Butterfly	86
87	15-18 100 Butterfly	88
89	11-12 50 Breaststroke	90
91	13-14 50 Breaststroke	92
93	15-18 50 Breaststroke	94
95	11-12 100 Freestyle	96
97	13-14 100 Freestyle	98
99	15-18 100 Freestyle	100
101	12 & Under 200 Freestyle Relay	102
103	14 & Under 200 Freestyle Relay	104
105	18 & Under 200 Freestyle Relay	106