

Vermont Swim Association

Qualifying Time Standards 2009

8 & Under	girls	boys
25 Free	26.00	28.00
50 Free	50.50	55.00
25 Back	30.50	33.50
25 Breast	35.00	36.00
25 Fly	31.00	33.00
100 IM	2:20.00	2:30.00

9-10	girls	boys
25 Free	18.50	19.00
50 Free	39.50	42.50
25 Back	23.50	24.00
25 Breast	24.50	25.50
25 Fly	21.00	22.00
100 IM	1:46.00	1:51.00

11-12	girls	boys
50 Free	36.50	36.00
100 Free	1:20.00	1:27.00
50 Back	42.50	43.50
50 Breast	44.50	47.00
50 Fly	40.50	42.50
100 IM	1:29.00	1:32.00

12 & Under	girls	boys
200 Free	3:00.00	3:00.00
100 Back	1:40.00	1:40.00
100 Breast	1:48.00	1:42.00
100 Fly	1:50.00	1:50.00

13-14	girls	boys
50 Free	32.50	31.00
100 Free	1:18.00	1:14.00
200 Free	3:00.00	3:00.00
50 Back	40.50	40.00
100 Back	1:32.00	1:32.00
50 Breast	43.00	40.50
100 Breast	1:40.00	1:35.00
50 Fly	38.50	36.50
100 Fly	1:40.00	1:35.00
100 IM	1:25.00	1:25.00

15-19	girls	boys
50 Free	30.50	29.00
100 Free	1:11.00	1:07.00
200 Free	3:00.00	3:00.00
50 Back	38.00	36.50
100 Back	1:24.00	1:24.00
50 Breast	42.50	38.00
100 Breast	1:32.00	1:25.00
50 Fly	37.00	35.00
100 Fly	1:25.00	1:20.00
200 IM	2:58.00	2:55.00

Open	girls	boys
500 Free	7:20.00	7:20.00